

# Master of Arts: Counseling and Art Therapy

Combine creativity with your  
passion for helping others.



Make  
Your World  
More

Ursuline College 

## Careers

Graduates are prepared to work in a wide variety of clinical, educational, and human service agencies, including hospitals, children's agencies, mental health and counseling centers, correctional and geriatric facilities, hospice care and wellness centers.

## Internships

The Northeast Ohio area is rich in clinical sites for internships and future job potential, and there are over 150 placements to offer students. Each student participates in over 800 hours of clinical work, including work with children, psychiatric populations and in a variety of settings based upon the student's specific area of interest.

## Mentoring

The mentoring program is designed for new students who are interested in having a mentor to help navigate their way to successful completion of the program, and in their career after graduation. The passionate mentors, Counseling and Art Therapy alumni or upper class students, provide effective mentorship.

## A respected leader in the health and healing professions, Ursuline offers a unique graduate program in Counseling and Art Therapy.

The **Master of Arts in Counseling and Art Therapy** provides education and training in clinical mental health counseling and art therapy, preparing graduates for both licensure as professional clinical counselors and credentialing as art therapists. Students learn to aid clients in exploring personal potentials and problems through both visual and verbal expression.

Faculty are experienced counselors and art therapists with expertise in a variety of specializations. Along with the core full-time faculty, several adjuncts, supervisors, and other outside professionals contribute to the learning of our students.

The program provides a strong foundation in theory and technique, and students are encouraged to be reflective practitioners. To support professional and personal development as students begin their clinical experience, personal counseling/art therapy outside of the department is suggested.

## ACCREDITATION AND APPROVAL

*The program is dually accredited by both CAAHEP and CACREP.*



## Founded in 1986

Ursuline's Counseling and Art Therapy program has been stable but ever expanding. It is housed in a state-of-the-art facility, featuring studio and observation taping areas conducive to the needs of creative individuals.

## Program Overview

Our program is personalized and allows students to learn at their own pace. The program is generally completed in eight semesters, including summers. Some students move quickly through the program, while others who have multiple responsibilities, such as family and work, take courses at a slower pace. Students who attend part-time develop an individualized timeline with their advisor.

We also offer several electives in a workshop format. In these one-credit electives, students attend a two-day workshop, followed by several weeks to complete assignments. Workshop presenters can include nationally known figures, authors and lecturers, and experts in various approaches.



## Flexible

Classes are offered in late afternoon and evenings to allow students to work and complete internships.

## Curriculum

Graduates meet requirements for counselor licensure eligibility in Ohio (LPC/LPCC) and for art therapy credentials (ATR/ATR-BC) and may meet the requirements for licensure in most states. Students are also eligible to become a National Certified Counselor (NCC). Candidates who possess a Master's degree in a related field may take courses to meet the educational standards for registration and certification as an art therapist through the Art Therapy Credentials Board ([www.atcb.org](http://www.atcb.org)).

<b>CAT 500</b>	Professional, Ethical and Legal Issues	<b>3</b>
<b>CAT 501</b>	History and Theory of Art Therapy	<b>3</b>
<b>CAT 503</b>	Child and Adolescent Treatment	<b>3</b>
<b>CAT 504</b>	Human Growth and Development	<b>3</b>
<b>CAT 505</b>	Counseling Theories	<b>3</b>
<b>CAT 507</b>	Group Process	<b>3</b>
<b>CAT 508</b>	Family Systems	<b>3</b>
<b>CAT 519</b>	Psychopathology and Diagnoses	<b>3</b>
<b>CAT 519S</b>	Psychopathology and Diagnoses Seminar	<b>1</b>
<b>CAT 520</b>	Projective Assessments	<b>3</b>
<b>CAT 523</b>	Cultural and Social Issues	<b>3</b>
<b>CAT 544</b>	Art Therapy Studio I	<b>1</b>
<b>CAT 546</b>	Clinical I – Counseling Techniques	<b>3</b>
<b>CAT 547</b>	Clinical II – Practicum	<b>3</b>
<b>CAT 548</b>	Appraisal	<b>3</b>
<b>CAT 549</b>	Internship I	<b>1</b>
<b>CAT 550</b>	Internship II	<b>1</b>
<b>CAT 567</b>	Techniques and Use of Media	<b>2</b>
<b>CAT 568</b>	Creativity and Visual Thinking	<b>2</b>
<b>CAT 591</b>	Intro to Research and Writing	<b>1</b>
<b>CAT 594</b>	Research and Evaluation	<b>3</b>
<b>CAT 596</b>	Capstone Project: Integrative Seminar	<b>3</b>
<b>CAT 601</b>	Life Style and Career Development	<b>3</b>
<b>CAT 645</b>	Addictions and Trauma	<b>3</b>
<b>CAT 648</b>	Case Studies: Diagnoses and Treatment	<b>3</b>

**Total Credits (with electives) 65**

## Electives\*

<b>CAT 506W</b>	Creative Counseling Modalities	<b>1</b>
<b>CAT 517</b>	Service Learning	<b>1</b>
<b>CAT 525W</b>	Special Settings and Populations	<b>1</b>
<b>CAT 526W</b>	Educational Settings	<b>1</b>
<b>CAT 528W</b>	Geriatrics	<b>1</b>
<b>CAT 531W</b>	Spirituality, Wholeness and the Arts	<b>1</b>
<b>CAT 545W</b>	Art Therapy Studio II	<b>1</b>
<b>CAT 510-515W</b>	Workshops–Special Topics	<b>1,2</b>
<b>CAT 585</b>	Independent Study	<b>1,2</b>
<b>CAT 649</b>	Advanced Clinic	<b>1</b>

\*Two credits of electives are required.

## Service Learning

Travel abroad to serve others, enhance your academic experience and broaden your world view. Students have made service learning trips to Nepal, Peru, Hungary, Zimbabwe, Ecuador, South Africa, and yearly visits to the Cheyenne River Reservation in South Dakota.



# Admission Requirements

Students applying for admission must meet the general requirements for admission to all graduate programs and the specific requirements of the Counseling and Art Therapy program:

## General Admission Requirements

1. Application for Graduate Studies. Application may be submitted at [ursuline.edu/apply](https://ursuline.edu/apply).
2. Non-refundable \$25 application fee.
3. Official transcript(s) for baccalaureate degree from an accredited institution and any additional undergraduate or graduate academic coursework. Transcript(s) must be forwarded to the Office of Graduate Admission directly by the issuing institution.
4. Evidence of ability to do graduate work as indicated by a recommended 3.0 GPA shown on the applicant's transcript(s). Students may provide other evidence of academic ability if their GPA is below a 3.0. At the discretion of the dean, student may be admitted conditionally if their GPA is below 3.0.
5. Three professional recommendations, utilizing the required recommendation form, attesting to the suitability of the applicant for graduate work in the particular program.
6. An interview with members of the faculty. Interviews may be arranged in-person or virtually, depending on the needs and interests of the applicant.

## Suggested Deadlines



Fall Semester  
**March 15**

Spring Semester  
**October 15**

Interviews are scheduled upon receipt of application materials. Candidates are highly encouraged to attend a department information session to learn more about the program.

**Contact the Office of Graduate Admission at 440.646.8119 or [graduateadmissions@ursuline.edu](mailto:graduateadmissions@ursuline.edu) for more information.**



## Program-Specific Admission Requirements

### 1. 3-5 page essay in APA format discussing the following:

- Aptitude for working with people
- Motivation for pursuing a career in counseling and art therapy
- The meaning of art in the applicant's life
- Areas of artistic strength and areas of possible artistic growth

**PLEASE NOTE:** This essay is in addition to the general essay on the graduate application form.

### 2. Portfolio brought to the interview prior to enrollment. Candidates completing prerequisite art courses must submit a partial portfolio for review, with follow-up work submitted after completing the art prerequisites. The portfolio should contain:

- At least 24 works of art representing a variety of media and techniques
- A separate index describing the media, size and date the work was completed
- Digital images, slides, photos, or actual works are all acceptable

### 3. Prerequisite Coursework

18 semester hours in studio art, with earned grade of 'B' or better, which must include:

- Drawing
- Painting
- Three-Dimensional Media (Ceramics, Sculpture, or equivalent)

12 semester hours in psychology\*, with earned grade of 'B' or better, which must include:

- Developmental Psychology (or Lifespan; Human Growth & Development; Child/Adolescent Psychology)
- Abnormal Psychology (or Psychopathology)

\*Coursework in cultural studies, such as Queer Studies, Women/Gender Studies, Disability Studies, Racial and/or Ethnic Cultural groups studies, may count towards Psychology prerequisite coursework, at the discretion of CAT faculty

At least 12 hours of the studio art and at least 9 hours of the psychology must be completed prior to starting the program. The remaining prerequisites must be completed within the first year of the program.

### 4. Some experience in working with people within a human service context is highly recommended.

International students, in addition to the above criteria, must also comply with Ursuline College's procedures for admission as an international student. Visit [ursuline.edu/international](http://ursuline.edu/international) for more information.

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power of art.  
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of healthcare.**

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**Ursuline College** 

ACCREDITED BY:



CAAHEP  
accreditation is  
conferred on the  
recommendation  
of:

