

COUNSELING & ART THERAPY: THREE YEAR PLANNING GUIDE

Fall Start

Courses in Fall	Courses in Spring	Courses in Summer
<p><i>Semester 1</i></p> <p>CAT 500: Professional, Ethical & Legal Issues (3) CAT 501: History & Theory of Art Therapy (3) CAT 505: Counseling Theories (3) CAT 591: Intro to Research & Writing (1)</p>	<p><i>Semester 2</i></p> <p>CAT 504: Human Growth and Development (3) CAT 546: Clinical I Counseling Techniques (3) CAT 568: Creativity and Visual Thinking (2)</p>	<p><i>Semester 3</i></p> <p>CAT 503: Child & Adolescent Treatment (3) CAT 523: Cultural & Social Issues (3) CAT 567: Techniques & Use of Media (2)</p>
<p><i>Semester 4</i></p> <p>CAT 507: Group Process (3) CAT 508: Family Systems (3) CAT 519: Psychopathology & Diagnoses (3) CAT 519S: Psychopathology & Diagnoses Seminar</p>	<p><i>Semester 5</i></p> <p>CAT 520: Projective Assessments (3) CAT 547: Clinical II Practicum (3) CAT 548: Appraisal (3)</p>	<p><i>Semester 6</i></p> <p>CAT 549: Internship I (1) CAT 594: Research & Evaluation (3) CAT 648: Case Studies: Diagnoses and Treatment (3)</p>
<p><i>Semester 7</i></p> <p>CAT 601: Lifestyle & Career Development (3) CAT 645: Addictions and Trauma (3) CAT 550: Internship II (1)</p>	<p><i>Semester 8</i></p> <p>CAT 596: Capstone Project: Integrative Seminar (3) CAT 544: Art Therapy Studio I (1) CAT 649: <i>Advanced Internship, if needed</i> (1)</p>	

*This plan needs two elective credits for the 65-hour degree

+For students entering Fall 2021 and later

Note:

1. The program should be followed in the above order. Please be aware of credit loads in relation to financial aid.
2. Students complete 2 internships for a total of 700 internship hours over 2 semesters. Students can do NO MORE than 30 hours per week in internships.

*Please note that course flow and curriculum may be revised.

COUNSELING & ART THERAPY: THREE YEAR PLANNING GUIDE

Spring Start

Courses in Spring	Courses in Summer	Courses in Fall
<p><i>Semester 1</i></p> <p>CAT 500: Professional, Ethical & Legal Issues (3) CAT 501: History & Theory of Art Therapy (3) CAT 505: Counseling Theories (3) CAT 591: Intro to Research & Writing (1)</p>	<p><i>Semester 2</i></p> <p>CAT 504: Human Growth and Development (3) CAT 546: Clinical I Counseling Techniques (3) CAT 568: Creativity and Visual Thinking (2)</p>	<p><i>Semester 3</i></p> <p>CAT 503: Child & Adolescent Treatment (3) CAT 523: Cultural & Social Issues (3) CAT 567: Techniques & Use of Media (2)</p>
<p><i>Semester 4</i></p> <p>CAT 507: Group Process (3) CAT 508: Family Systems (3) CAT 519: Psychopathology & Diagnoses (3) CAT 519S: Psychopathology & Diagnoses Seminar</p>	<p><i>Semester 5</i></p> <p>CAT 520: Projective Assessments (3) CAT 547: Clinical II Practicum (3) CAT 548: Appraisal (3)</p>	<p><i>Semester 6</i></p> <p>CAT 549: Internship I (1) CAT 594: Research & Evaluation (3) CAT 648: Case Studies: Diagnoses and Treatment (3)</p>
<p><i>Semester 7</i></p> <p>CAT 601: Lifestyle & Career Development (3) CAT 645: Addictions and Trauma (3) CAT 550: Internship II (1)</p>	<p><i>Semester 8</i></p> <p>Electives (1–2 credits) CAT 649: <i>Advanced Internship, if needed</i> (1)</p> <p>*Catch up with any delayed required coursework as needed.</p>	<p><i>Semester 9</i></p> <p>CAT 596: Capstone Project: Integrative Seminar (3) CAT 544: Art Therapy Studio I (1)</p>

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+For students entering Fall 2021 and later

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