

Online

Micro-Credential

Trauma-Informed Care

Who Should Take a Course About Trauma?

Learning about trauma is important for anyone who will be working with other people, and especially for helping professionals. This includes anyone who...

- Is interested in pursuing a helping profession: nursing and medical care, social work, psychology, art therapy, counseling, education
- Is curious about how trauma impacts the human brain and body
- Wants to learn how to prioritize their own care and well-being, and prevent burnout and compassion fatigue
- Wants to build trauma-responsive policies and practices in their current and future workplace



Why You Should Take A Class On Trauma-Informed Care

Trauma exposure is widespread, with estimates suggesting over 2/3 of adults have experienced at least one traumatic experience in their lifetime. It can have lifelong effects on a person's brain and body, impacting their interpersonal relationships, emotion regulation, physical health, and sense of safety and trust.

Understanding the effects of trauma will prepare students to work in a variety of human service sectors, including medical care, education, counseling and therapy, social services, and human resources, among others.

Contact us

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Accelerated Program

Trauma-Informed Care



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Course Schedule

ID	Course Name
SW 250	Introduction to Trauma-Informed Care
SW 251	Trauma & the Brain: Case Studies of Complex Trauma
SW 252	Helping the Helper: Secondary Traumatic Stress Prevention & Mitigation

Course Format & Enrollment Options

- Each course in the trauma-informed care sequence can be taken individually as a stand-alone course, OR students can take all three courses to count as a 3-credit general elective.
- Students who take all three courses will complete the “Trauma-Informed Care Micro-Credential.”
- Each course is only 1-credit, five weeks long, and offered online.

Meet the Instructor



Kylie Evans, PhD, MSW, LISW-S is an Assistant Professor of Social Work, Director of Field Education, and Faculty Coordinator for Ursuline’s Survivor Link + AmeriCorps intimate partner violence prevention training program. Dr. Evans has 15 years of social work practice experience, including advocacy and intervention with survivors of domestic violence, violence prevention education, counseling and program coordination with youth enrolled in federal TRiO programs, and research and evaluation with community agencies. Her research interests include youth exposure to parental intimate partner violence, relational resilience, trauma-informed social work practice, and social work education, with recent works published in the *Journal of Family Violence*, *Research on Social Work Practice*, *Social Work Education*, *Advances in Social Work*, and the *Journal of Social Service Research*.

Questions?
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